



CALIFORNIA NARCOTIC OFFICERS' ASSOCIATION

REGION ONE



Region One
PO Box 10818, Pleasanton,
CA 94588



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CNOA-Region 1

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Training Class

May 17th, 2019
0800-1700 hours

"The Fight After the Fight"

An officer's story of survival before, during, and after a critical incident

COURSE DESCRIPTION: It is a difficult time for the American police officer. A violent and aggressive war has been waged against law enforcement and it is killing our officers in astounding numbers. Police survival has never been a more vital subject of training than it is today. Thus, training is increasing and evolving to better equip officers with the tools necessary for survival of deadly encounters/critical incidents. Officers are trained to win the fight, but they are not taught how to win the fight that comes AFTER the fight, which is often the most difficult part. One of the most dangerous wars that police officers face is the war against post-traumatic stress (PTS). The focus of this presentation is to illustrate the importance of a survival mindset BEFORE, DURING and AFTER a critical incident. An officer may possess all the vital tactical training needed to survive a deadly attack; however, if he/she does not possess a well-trained **survival mindset**, chances of survival decrease significantly. Officers will hear a riveting story that will challenge them to take an honest, hard look at their own mental toughness/will to survive and ponder the tough question of "Am I truly prepared?"

Ann Carrizales: Officer Ann Marie Carrizales was born in San Clemente, California. Upon graduation, Carrizales enlisted in the United States Marine Corps as a Military Police Officer. In 1997, Officer Carrizales made Marine Corps history when she became the **FIRST** woman to represent the Marine Corps in the sport of amateur boxing. In 1999, Carrizales became the U.S. Women's National Champion in her weight division and was ranked #1 in the country. In August of 2010, Officer Carrizales began employment with the Stafford (TX) Police Department. On October 26, 2013, Officer Carrizales initiated a traffic stop on a vehicle occupied by three members of a violent gang with ties to MS-13. While speaking with the driver of the vehicle, the front seat passenger opened fire, shooting her in the face and chest prior to fleeing. She immediately returned fire and while bleeding and in severe pain, got back into her patrol vehicle beginning pursuit of the suspects. With the help of various police agencies and Houston Crime Stoppers, all three suspects were captured.

Location: Rohnert Park Community Center Multi-Use Room
5401 Snyder Lane, Rohnert Park, CA 94928

LAW ENFORCEMENT IDENTIFICATION WILL BE CHECKED AT THE DOOR

Tuition: \$35.00 for CNOA members / \$45.00 for non-members. Payment is due at check-in (cash, check, money order or credit card). Make checks payable to CNOA (Authorized payment only may be mailed to CNOA, P.O. Box 10818, Pleasanton, CA 94588). Plan ahead and register at:
<http://www.cnoaregionaltraining.org> (Region 1).

Go to: <http://www.cnoa.org> for more CNOA Region 1 training information.

"For Better Narcotic Enforcement"

CNOA is the 2010 Winner of POST's Excellence in Training Award